

BUILD YOUR OWN WORM FARM

What you'll need:

- 2 x Styrofoam vege boxes - ideally, one should have a lid
- A screwdriver to poke holes in the top box - make sure an adult is present to guide you
- Shredded paper - enough to fill the box with a 10cm layer
- Compost
- Compost worms
(Check local plant nurseries and hardware stores for compost and worms)



WHAT TO DO:

1. Find a nice shady area outside that isn't too hot or cold to put your first box in – under a tree would be perfect!
2. Poke some drainage holes in the base of the second box that will sit on top of the first box. The moisture will drain through the top box and into the bottom one.
3. Put a 10cm-thick layer of shredded paper mixed with compost on the base of the top box. Water it gently so that it's just moist.
4. Buy your worms. You can't use earthworms you just pick out of the soil for this job. You need some of the compost worms you buy from the nursery or hardware store!
5. Place the worms into their new home and place the lid on top! If you don't have a lid for the top you could cover the worms with an old towel or some hessian.
6. Once your worms have settled into their new home, you can start feeding them!



What to feed your worms: Worms love things like vegetable and fruit scraps, tea bags – without the string, coffee grounds and soft leaves.

What NOT to feed your worms: Meat, bones, fat, dairy foods or any plants that have been treated with chemicals.



Warning: Always ask for assistance from an adult when using sharp tools or instruments.

